



S**FETY**
SERVICES MANITOBA

Services
Catalogue



Safety Services Manitoba is Manitoba's premier occupational and road safety trainer and consultant with nearly 50 years experience making workplaces and roads safer.

You can count on SSM to deliver comprehensive training and education whether it is in the workplace or behind the wheel. We are passionate about reducing risks and injuries; we are passionate about helping to ensure that each and every Manitoban arrives home safely every night.

SSM OFFERS:

- Over 16,000 square foot training facility complete with state-of-the-art classroom equipment including SmartBoard Technology
- Training courses to help you improve your driving skills and stay safe on a motorcycle, snowmobile or ATV
- Customized safety services to manage risk in your organization and support your business goals
- Experience in a broad range of industries applied to your workplace to reduce injuries and associated costs, lower WCB premiums, increase employee productivity and ultimately increase your bottom line
- Focus on building a culture of safety and risk management that is sustainable, cost-effective and gets results

We will work with you to understand your challenges and opportunities and provide the services that will make a difference to you, your employees, your workplace culture and your bottom line.



MEMBERSHIP

Safety Services Manitoba members are unique.

They're Manitobans and Manitoba companies. They're dedicated to improving a culture of safety in our province and they recognize the value in partnering with an organization as committed to safety as they are.

Members Options:

We offer two membership options: Partners in Safety (\$500/year) and Leaders in Safety (\$750/year).

Partners in Safety receive a 10% discount on all facilitator-based training.

Leaders in Safety receive a 15% discount on all facilitator-based training.



CONSULTING SERVICES

Safety Services Manitoba offers a host of consulting options to suit your needs.

AUDITING

Our audit services will provide your organization with a systematic, independent and documented process in which we will identify hazards and develop recommendations to either eliminate or reduce the risk within your workplace. Our audits will also outline other opportunities for improvement or which may become non-conformances in the future.

Auditing will measure the effectiveness of your safety management system and improve the effectiveness and efficiency of operations.

Benefits of Auditing;

- Supports a means to meet certification to a management system standard
- Provides information to management review
- Demonstrates senior management's commitment towards safety
- Improves personal awareness, participation and motivation
- Provides opportunities for continual safety improvement
- Can improve operational performance and ratings
- Verifies conformance with contractual requirements
- Obtains and maintains confidence in the capability of a supplier
- Contributes to the improvement of the management system
- Provides an an accurate picture of the safety and health of the organization

COR™ PREPARATION



Need support in obtaining COR™ or SECOR™ Certification? Safety Services Manitoba can help. Our service team will visit you on site as often as you need to prepare

you and get you on track to achieve COR™ (Certificate of Recognition) Certification.

This certification verifies that your workplace safety and health program meets provincial standards. COR™ Certification is becoming increasingly important as it is often used as a pre-qualification or condition of contract across the province.

The services we can provide to get you on track for COR™ Certification include:

- Inspection services and gap analysis of your company's existing safety program to ensure alignment with the COR™ process.
- Services to help your company create and implement a safety management program in line with the requirements of COR™.
- Mock audits prior to the actual COR™ Audit or assistance with the internal Company Self-Audit process in preparation for the final Independent audit.
- Assistance in completing the required safety documentation as it relates to the audit.
- On-site training services for management, supervisors and employees to prep them for the audit process.

FALL PROTECTION EQUIPMENT INSPECTION

Inspection and maintenance of your fall protection equipment is mandatory and essential for working safely at heights. Your inspection must comply with the CSA and manufacturer specifications. Safety Services Manitoba now offers professional inspection of most Fall Protection equipment.

INDUSTRIAL HYGIENE

SSM provides a full range of consulting services on Industrial Hygiene which consist of:

- Design of mould and asbestos projects
- Air quality testing, including site inspections, exposure monitoring and work practice controls
- Asbestos inspection and sampling
- Mould testing
- Monitoring for relative humidity, temperature, carbon dioxide and carbon monoxide
- Inspection of HVAC systems
- Sampling for indoor air contaminants
- Identification of problem sources
- Asbestos location survey
- Design and implementation of asbestos management programs
- Asbestos and mould training courses

OCCUPATIONAL HEALTH & SAFETY CONSULTING

- Ergonomic Assessments and Consulting Services
- Health and Wellness Consulting Services
- General Safety Consulting Services
- Occupational Hygiene Consulting Services
- Disability Management and Return to Work Consulting Services
- Occupational Health and Safety Auditing Services
- Investigation Services

OCCUPATIONAL HEALTH & SAFETY POLICY MANUAL

If your business is in need of a health and safety policy manual, Safety Services Manitoba has the expertise to create one that is customized to your operation. The health and safety policy manual is a key component of an injury-free workplace. Beginning with an environmental scan of your facilities or offices, our consultants can create a comprehensive policy manual that is relevant to the safety and well-being of your employees.



RESPIRATOR FIT TESTING

Do you know whether or not your respiratory protection will protect you properly while you perform your job or when an emergency arises? Proper fitting respirators are essential for workplace safety. If this key piece of personal protective equipment does not fit, workers are at risk from air-borne hazards.

Safety Services Manitoba offers qualitative fit testing of all makes and models of respirators. We utilize an advanced qualitative technique and provide you with a written report of completion upon successful testing.

SAFETY RESOURCE OFFICER

SSM supplies qualified health and safety professionals on a contract basis to suit your needs.

An on-site safety resource officer can assist you with:

- Job task analysis, incident investigation and workplace inspections
- Policy development
- Managing OHS Committee meetings
- **Advising union and management on OHS issues**
- Random compliance audits
- Developing Standard Operating Procedures for high-risk jobs
- Developing customized training unique to your workplace
- Support with compliance orders and stop work orders

SSM's Safety Resource Officer program offers you:

- No recruitment cost or time
- No need to pay benefits such as sick time, holidays or EI
- Access to the expertise and resources of SSM



WORKPLACE SAFETY & HEALTH ASSESSMENTS

Want to know how your safety program measures up? Get a snapshot of your safety program's performance with a Workplace Safety and Health Assessment from Safety Services Manitoba.

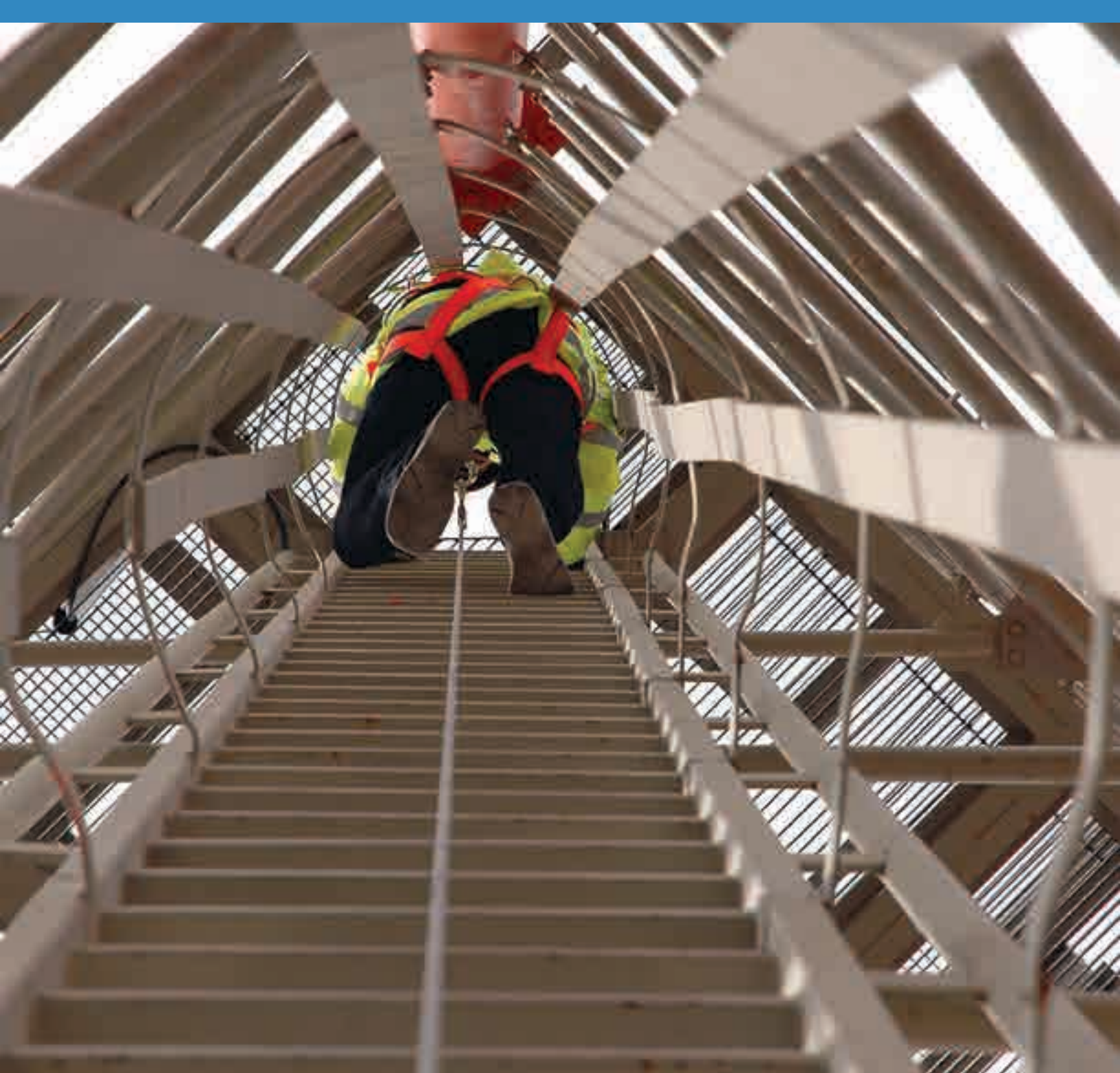
SSM's trained professionals will:

- Inspect your facility
- Review your health and safety procedures, documentation and control measures
- Assess the health and safety of employees

We provide you a written report that:

- Identifies immediate hazards and gaps in your current safety program
- Provides guidelines on priorities and next steps

Assessment fees are based on the size of your workplace and other factors.



General Health & Safety Courses

SSM indicates that the course is held at Safety Services Manitoba's training facility.
On-site indicates that the course can be delivered at your place of business.

AERIAL WORK PLATFORMS

Course Location: SSM and on-site

Class Size: 8-12

1 day – Classroom and Practical

\$229 per person / \$1,599 group rate

Participants are taught to identify specific health and safety hazards associated with operating man lifts. Training includes a complete review of fall protection requirements, pre-shift equipment inspection, work area survey requirements and safe operating procedures.

AUDITING TECHNIQUES

Course Location: SSM and on-site

Class Size: 8-16

5 days – \$1,799 per person

Learn how to prepare for, conduct and report on a workplace audit.

Auditing is an essential skill for health and safety professionals. Health and safety audits are used to assess a workplace's strengths and weaknesses prior to developing a safety management system and to check progress in implementing the safety system.

This course is designed for managers, supervisors, lead hands and team leaders. The course features in-class theory and hands-on practice and is also part of the HSP designation.

This is a 5-day course that covers the techniques and principles of auditing, then takes participants into the field to conduct a mock audit and write a report. The program is fast paced and puts participants in a very realistic assessment role. Participants are required to put in extra time in the evening when on-site at the client facility.



BEHAVIOUR BASED SAFETY

Course Location: SSM and on-site

Class Size: 8-16

½ day – \$129 per person / \$899 group rate

What does behaviour based safety look like and how does it work? Learn how to implement behaviour based safety into your Health and Safety Program as an effective tool in improving safety and building the safety culture of your workplace.

CERTIFIED HEALTH ERGONOMICS SAFETY SPECIALIST (CHESS)

Course Location: SSM and on-site

Class Size: 8-16

5 days – \$1,899 per person



CHESS is unique among ergonomics training programs: It uses accurate, up to date ergonomic and medical research to provide leading edge insights into ergonomics and injury prevention. It is designed and taught by Dr. Stephan Cooper, M.Sc, D.C. – a health care professional specializing in musculoskeletal health with a Master's degree in Health Ergonomics. It's a full 5-day (40hr) program that accommodates busy work schedules with just three days of classroom teaching paired with home study equivalent to two days of training.

CERTIFIED SAFETY TRAINER COURSE

Course location: SSM

Class size: 8 - 16

5 days – \$1,799

This intensive 5-day Interactive course is developed in accordance to the New CSAZ1001 (OH&S Training) and is an Adult Educator course comparable to the much lengthier college level Adult Educator diploma. For this reason the instruction is faster paced and much more intense. Students will be responsible for at-home study and assignments to facilitate the breadth of knowledge achieved.

This practical training provides a firm grounding in the theoretical and practical training techniques. A series of workshops leads delegates step-by-step through each stage, taking skills from theory to practical, teaching participants the importance of effective Adult education.

CONFINED SPACE

Course Location: SSM and on-site (Companies must have a suitable training environment for practical application.)

Class Size: 4-8

2 days – Classroom and Practical

\$359 per person / \$2,499 group rate

People who work in confined spaces benefit from this course as they learn the fundamentals and necessary safety precautions. Practical training in a controlled environment is provided in SSM's state-of-the-art Confined Space training facility.

CONFINED SPACE REFRESHER/ AWARENESS

Course Location: SSM and on-site

Class Size: 8-16

1 day – Classroom Only

\$229 per person / \$1,599 group rate

People who work in confined spaces must refresh their knowledge regularly. Individuals who hold a valid confined space training certificate qualify for this program. This course completes a thorough review of confined space issues.

CONSTRUCTION SAFETY REPRESENTATIVE

Course location: SSM and on-site

Class size: 8-16

1/2 day – \$129 per person / \$899 group rate

In the course of day-to-day operations, Construction Safety Representatives need to know what legislation applies to the workplace in general and what aspects of the legislation apply to them personally. Knowing this is essential for protecting employees from injury, limiting the personal liability, and assisting the employer in achieving legislated and moral obligations to protect workers.

Our Construction Safety Representative course is designed to ensure that Construction Safety Representatives understand how health and safety is integrated into emergency and non-emergency events, including the work conducted at their facility. This course will assist the Construction Safety Representative in achieving the ultimate goal of protecting their workers. The Construction Safety Representative course provides a means for employers to verify safety and health knowledge of first-line Construction Safety Representatives.

FALL PROTECTION

Course Location: SSM and on-site

Class Size: 8-16

1 day - \$229 per person / \$1,599 group rate

Employees and supervisors working in situations where they are at risk for a fall will learn industry best practices and relevant legislation. This course covers Federal and Provincial standards and relevant legislation, selection, fit and maintenance of fall protection equipment and differences between fall protection and fall restraint.





FIRE SIMULATOR – EXTINGUISHER

Course Location: SSM and on-site

Class Size: 8-16

2 hours – \$79 per person / \$599 group rate

Each participant of this program will learn the basics of utilizing extinguishers, the different types used and the fires they correspond to. Each student will have the opportunity to extinguish a small fire using the proper technique in a given time frame.

FIRST AID (EMERGENCY) CPR/AED LEVEL 1

Course Location: SSM and on-site

Class Size: 8-16

1 day – \$89 per person

What would you do if you were faced with a medical emergency? Panic? Let fear overcome you?

This course benefits everyone by ensuring they are prepared if an emergency occurs. Training includes CPR/Automated External Defibrillators (AED), conscious/unconscious choking procedures, basic emergency first aid guidelines related to burns, severe bleeding, wound care, shock and broken bones. Individuals will learn to recognize the signs and symptoms of a heart attack, stroke, severe allergic reactions, breathing and diabetic emergencies. Hands-on practice allows individuals to develop the confidence to attend to emergency situations.

FIRST AID (LEVEL 2) STANDARD FIRST AID

Course Location: SSM and on-site

Class Size: 8-16

2 days – \$169 per person

This two day course instructs on all the areas of First Aid Level 1, but also includes procedures for both children and infants. Training includes CPR/Automated External Defibrillators (AED), conscious/unconscious choking procedures, first aid guidelines related to burns, severe bleeding, wound care, shock and broken bones. Individuals will learn to recognize the signs and symptoms of a heart attack, stroke, severe allergic reactions, breathing and diabetic emergencies. Secondary assessments, multiple casualty management, heat/cold emergencies, head/neck injuries and scenarios based hands-on training are also included at this level.

FRONT-END LOADER

Course Location: SSM and on-site

Class Size: 6-10

**1 day – Classroom and Practical
\$229 per person / \$1,599 group rate**

This course educates workers in safe work practices and procedures. It includes types of loaders, pre-operational inspection, potential problem areas, operating characteristics of front-end loaders and loader stability/instability.

HAZARD RECOGNITION, EVALUATION AND CONTROL

Course Location: SSM and on-site

Class Size: 8-16

½ day – \$109 per person / \$799 group rate

Recognizing, evaluating and controlling hazards are the basic building blocks of any proactive safety and health management system. Hazards can cause incidents and injury – but controlling hazards prevents incidents. This course introduces the concepts of hazard and risk, teaching how to identify and evaluate hazards and assess the risks they present. The course will increase the worker's understanding of how hazards and risk are at work at almost every jobsite.

INCIDENT INVESTIGATION/ INVESTIGATING WORKPLACE INCIDENTS

Course Location: SSM and on-site

Class Size: 8-16

1 day – \$159 per person / \$1,099 group rate

This course provides an overview on how to conduct an incident investigation at your workplace. Includes techniques for information gathering, interviewing witnesses and preparing the report. The course is useful for committee members, employers, supervisors of workers and other employees.

INSPECTIONS/INSPECTING YOUR WORKPLACE

Course location – SSM and on-site

Class Size – 8-16

1 day – \$159 per person / \$1,099 group rate

This course will teach participants about the different types of inspections and explore why they are important tools to help prevent workplace incidents and injuries. This course is useful for committee members, supervisors and employers. It is strongly recommended that Safe Committee Basics be taken before attending this course.

INSTRUCTIONAL TECHNIQUES

Course location: SSM and on-site

Class size: 8-16

2 days – \$599 per person / \$3,499 group rate

This course will help managers, supervisors and trainers improve their communication skills. Topics explored include adult learning styles, presentation skills and the role of the facilitator.

JOB TASK ANALYSIS

Course Location: SSM and on-site

Class Size: 8-16

½ day – \$109 per person / \$799 group rate

Injuries, illness and other harm are caused by hazards that have not been identified and effectively controlled. The goal of a JTA is to prevent injury, illness or other loss in the workplace by identifying and controlling hazards. This course communicates JTA and its components as part of a proactive safety management program. Knowing how to perform a JTA also ensures that members of your organization comply with hazard identification and risk assessment laws.

LIFT TRUCK (FORKLIFT) – REFRESHER

Course Location: SSM and on-site

Class Size: 8-12

½ day – \$109 per person / \$799 group rate

This refresher course is designed for seasoned operators. It reviews all necessary information as outlined by the CSA Safety Standard for Lift Trucks (B335) as well as Manitoba's Code of Practice for the Safe Operation of Powered Lift Trucks.

Note: In addition to safety training and the elements of this course, operators are required to be evaluated on the truck they will operate, in the workplace they will operate and with the loads normally to be applied. Also the CSA standard requires that operators be retrained at least every three years. Call for information on how to comply with this requirement.

LIFT TRUCK (FORKLIFT) PRACTICAL TRAINING

Course Location: SSM and on-site

Class Size: 2-4

1 day – \$379 per person or \$1399 group rate

The CSA Safety Standard for Lift Trucks (B335) as well as Manitoba's Code of Practice for the Safe Operation of Powered Lift Trucks specifies the practical skills a competent operator must be able to perform. These include preoperational check, start-up and shut-down, general operation, load handling, loading and unloading, and operational maintenance. This course is limited in size to ensure students get optimum exposure to these elements and covers practical training on our sit-down counterbalance lift truck. Students must have successfully completed the theory course prior to enrolling in this program.

LIFT TRUCK OPERATOR (FORKLIFT)

Course Location: SSM and on-site

Class Size: 8-16

1 day – \$189 per person / \$1,299 group rate

This course meets the requirements of the CSA Safety Standard for Lift Trucks (B335) as well as Manitoba's Code of Practice for the Safe Operation of Powered Lift Trucks. It provides the student with the most up-to-date knowledge to ensure a skilled and certified outcome, including a written and practical assessment.

This course covers all makes, models and classes such as reach trucks, order pickers, walkie riders and sit-down counter balanced units. Supervisors and managers are encouraged to complete this training as well. Operators receive consistent training in compliance with existing regulations to improve efficiency and safety.

LOCKOUT

Course Location: SSM and on-site

Class Size: 8-16

½ day – \$109 per person / \$799 group rate

When workplace equipment is not properly shut down and locked out it can result in many kinds of trauma – paralysis, respiratory failure, broken bones, crushed limbs and fatal injury are all possibilities. Safety Services Manitoba has designed a certification- grade course that furthers understanding of and ability to properly complete lockout. The course stresses the importance of locking out machinery and equipment as safety measures, as well as the dangers of hazardous energy. The main goal is to emphasize lockout as everyone's responsibility.

MANITOBA OH&S LAW

Course Location: SSM and on-site

Class Size: 8-16

1 day – \$229 per person / \$1,599 group rate

This course provides an overview of OH&S law in Manitoba.

OVERHEAD CRANE AWARENESS

Course Location: SSM and on-site

Class Size: 6-10

**½ day – Classroom and Practical
\$129 per person / \$899 group rate**

This course teaches the basics of safe crane/sling operation and pre-shift inspections. Increase productivity and efficiency while reducing the risk of damage to product and property, and accidents. Training includes load limits and capacity, lifting, moving and placing loads and use of chains, slings, spreader bars, grabbers and other attachments.

PREVENTING WORKPLACE VIOLENCE

Course Location: SSM and on-site

Class Size: 8-16

1 day – \$189 per person / \$1,399 group rate

In this workshop, you will analyze potentially violent situations, develop plans to control them and put real-life applications into practice. By taking conscious steps toward eliminating violence, everyone at your site will feel safer. Preventing Workplace Violence is an engaging, interactive workshop designed to include you in the learning process as much as possible.

RESPIRATOR FIT TESTING

Safety Services Manitoba provides respirator fit testing services to help you determine if your respirator is working for you!

Proper fitting respirators are essential for workplace safety. If this key piece of personal protective equipment does not fit properly, workers are at risk from air-borne hazards.

Our experienced safety and health professionals offer:

- Fit testing services using an advanced qualitative technique
- Testing for all makes and models of respirators
- A written report of completion upon successful testing

Service Fees:

- \$45 per test – 20 minute test spots (each subsequent facepiece tested for a single customer is \$20 per test)
- \$35 per test for customers/companies who have 10+ tests
- \$400 – On-site testing – half day
- \$750 – On-site testing – full day (regardless of number of tests performed; timing based on an average of 20 minutes per test)

RETURN TO WORK/DISABILITY MANAGEMENT TRAINING

Course location: SSM and on-site

Class size: 8-16

3 days – \$1,899

RTW/Disability Management focuses on return to work options and opportunities for workers who have suffered injuries and introduces the integrated case management team concept. Although often considered a cost reduction tool, this course also demonstrates how the integrated team approach can be designed to ensure the dignity and well-being of the injured worker. Module topics include an overview of injury management, rehabilitation and return to work, legislation policies and ethics, basics of assessment and treatment, case studies and development of a practical injury management plan for the workplace. This course also covers claims management for claims already initiated.

Documentation will be provided to the student to satisfy due diligence and local regulation compliance.

This course meets the criteria for Manitoba Provincial Regulation and Federal accepted practices in OH&S training.

ROUGH TERRAIN FORKLIFT THEORY (TELEHANDLER, CLASS VII)

Course Location: On-site

Class Size: 8-16

1 day – Classroom only

\$229 per person / \$1,599 group rate

This training course covers essential features of telescopic handlers and other rough terrain (Class VII) forklifts and their maintenance. Avoid potential dangers of operation, assess loads, move them safely and learn how to get the best from your equipment in various conditions.

SAFETY AND HEALTH COMPLIANCE AUDITS

Course Location: SSM and on-site

Class Size: 8-16

1 day – \$229 per person / \$1,599 group rate

An employer must comply with the numerous regulations and guidelines covering occupational safety and health in Manitoba. These guidelines often assume that the company has the technical background to understand the many aspects of different types of industrial safety issues. Using a Compliance Checklist, this course walks students through the various requirements of the Workplace Safety and Health Act, gives your company a metric for compliance and helps you plan for future improvement. Each section provides an introductory level of the technical aspects of the issues and tools that will save you time.

SAFETY AND THE SUPERVISOR

Course Location: SSM and on-site

Class Size: 8-16

2 days – \$359 per person / \$2,499 group rate

This course aims to improve the supervisor's regard for a safety culture – specifically the safe knowledge, attitudes and behaviours of everyone in an organization. Through a combination of discussion, exercises and lecture, the course focuses on the role of supervisors in relation to legal requirements, occupational health and safety programs, effective leadership and risk assessment.

SAFETY COMMITTEE BASICS

Course Location: SSM and on-site

Class Size: 8-16

1 days – \$159 per person / \$1,099 group rate

This course provides an overview on the rights and responsibilities of people in the workplace for: meetings, hazard recognition and control, inspections and right to refuse situations. This course is useful for committee members, safety and health representatives, employers and supervisors of workers.

SAFETY LEADERSHIP COURSE

Course location: SSM and on-site

Class size: 8-16

5 days – \$1,799

This intensive 5-day Interactive course developed in accordance to CSA Standard Z1000-06 (OH&S Management) and the New CSAZ1001 (OH&S Training) uses learning techniques developed to maximize delegate participation, including workshops designed to broaden the knowledge of safety system, roles and responsibilities. This course is designed for those who will be managing, supervising and directing a company's health and safety program and its employees. Measuring, Maintaining and Developing OH&S management systems are required skills of the supervisor. In this course you will learn how various OH&S tools and elements reduce risk through a systems approach that maintains focus on OH&S program effectiveness and loss control.

SKID STEER LOADER

Course Location: SSM and on-site

Class Size: 8-12

**1 day – Classroom and Practical
\$229 per person / \$1,599 group rate**

This comprehensive course teaches rules and practices for the safe operation of this equipment. After participating in the course, trainees will be able to operate a skid steer loader in a safe manner.

SPILL RESPONSE

Course Location: SSM and on-site

Class Size: 8-16

½ day – \$159 per person / \$1,099 group rate

Learn the basics in spill response. This course will identify best practices and products available and assist participants in generating a spill response plan for their organization.

SUPERVISOR SAFETY CERTIFICATE PROGRAM

Course Location: SSM

Class Size: 8-16

5 days – \$1,799 per person / \$9,999 group rate

The Supervisor Safety Certificate program from Safety Services Canada offers an opportunity for supervisors to be recognized for their achievements in health and safety leadership. To qualify for this distinction, supervisors must complete three Safety Services Canada courses. These courses include Due Diligence for Supervisors, Advanced Incident Investigation and Safety and the Supervisor or Instructional Techniques. This course combines all three programs allowing participants to complete their Safety Supervisor Certificate in five days rather than six when the courses are taken separately. Completion of this certificate program is also a requirement to obtain the HSP Designation.

TRANSPORTATION OF DANGEROUS GOODS – GROUND

Course Location: SSM and on-site

Class Size: 8-16

½ day – \$109 per person / \$799 group rate

This course provides the necessary tools to ensure all drivers, shippers and receivers learn appropriate handling and ensure legal responsibilities are understood and fulfilled.

TRUCK MOUNTED CRANE

Course Location: SSM and on-site

Class Size: 8-12

**1 day – Classroom and Practical
\$229 per person / \$1,599 group rate**

This training program provides operators with the confidence to safely operate cranes in a variety of situations. Due to the number of makes, models and applications in this industry, each course is customized to meet the company's requirements. This course applies to units under 7,300 kgs capacity.

WORKPLACE HAZARDOUS MATERIALS INFORMATION SYSTEM (WHMIS)

Course Location: SSM and on-site

Class Size: 8-16

½ day – \$69 per person / \$499 group rate

This course is designed to fulfill a company's legal obligations by familiarizing every employee with the Workplace Hazardous Material Information System (WHMIS). This course covers components and compliance of WHMIS and related legislation, labeling hazardous materials and using Material Safety Data Sheets (MSDS).





Train the Trainer Courses

Want to save your company time and money by conducting safety training for your employees in-house?

AERIAL WORK PLATFORM – TRAIN THE TRAINER

Course Location: SSM

Class Size: 8-12

2 days – Classroom and Practical

\$1,499 per person

This course prepares your company's trainer for the task of training your operators in-house. It includes putting your theory course together, setting up practical training, giving written and driving tests and documentation.

FALL PROTECTION TRAIN THE TRAINER

Course Location: SSM and on-site

Class size: 6-8

2 days – \$1,499

SSM's Fall Protection Train the Trainer program is a comprehensive, three-day course that equips your internal trainers with the knowledge and tools to train and evaluate your employees in fall protection.

Course topics include:

- Anchor points, selection, evaluation, practical applications
- Horizontal systems and unique applications
- Basic rescue preparedness
- Equipment inspection
- Review of legislation
- Equipment hazard alerts
- Hazard recognition and control

FRONT-END LOADER TRAIN THE TRAINER

Course location: SSM and on-site

Class size: 6-8

2 days – \$1,499 per person

This course educates workers in safe work practices and procedures. It includes types of loaders, pre-operational inspection, potential problem areas, operating characteristics of front-end loaders and loader stability/instability.

LIFT TRUCK TRAIN THE TRAINER

Course Location: Resident and on-site

Class Size: 6-10

2 days – \$1,499 per person

This course teaches the requirements of the CSA Safety Standard for Lift Trucks (B335) as well as Manitoba's Code of Practice for the Safe Operation of Powered Lift Trucks. This course prepares your company's trainer for the task of training your operators in-house. This course covers all makes, models and classes such as reach trucks, order pickers, walkie riders and sit-down counter balanced units. Additional topics include putting your theory course together, setting up practical training, giving written and driving tests and documentation.





RESPIRATOR FIT TESTING TRAIN THE TRAINER

This short, two-hour respirator fit testing Train the Trainer course is based on the Canadian Standards Association Z94.4 and the Manitoba Provincial Workplace Health & Safety Act and General Regulations.

Topics covered:

- Qualitative testing procedures
- Quantitative testing procedures
- Respiratory hazards
- Inspection of equipment
- Care & maintenance procedures
- Developing a respiratory program
- Hands-on practice – one on one training

Following this program, students will be prepared to administer qualitative fit tests in their internal organizations.

SKID STEER TRAIN THE TRAINER

Course location: SSM and on-site

Class size: 6-8

2 days – \$1,499 per person

This comprehensive course teaches rules and practices for the safe operation of this equipment. After participating in the course, trainees will be able to operate a skid steer loader in a safe and efficient manner.

TELEHANDLER TRAIN THE TRAINER

Course location: SSM and on-site

Class size: 8-12

2 days – \$1,499

The employer, by law, shall provide a training program for each employee who operates mobile equipment (CAN/CSA B335-04) (WSHD Part 22). This course is designed for personnel who wish to train/operate and evaluate employees on mobile equipment.

Complimented with written and practical skill assessments throughout the course to ensure thorough understanding of principles and practices, the Telehandler training provides students with the most up-to-date knowledge to ensure a skilled and certified outcome. Documentation will be provided to the student to satisfy due diligence and local regulation compliance. This course meets the criteria for accepted practices in OH&S training (CAN/CSA B335-04), the highest standard in the industry.

Upon completion of this course, students will be capable of safely training the operating of a Telehandler and identifying local regulations and requirements keeping in compliance to local provincial and federal regulations.

WORKPLACE HAZARDOUS MATERIALS INFORMATION SYSTEM (WHMIS) TRAIN THE TRAINER

Course Location: SSM and on-site

Class Size: 8-16

1 day – \$699 per person

This Train the Trainer course prepares your trainer for delivering WHMIS training in-house by familiarizing every employee with WHMIS and the company's legal obligations. This course covers components and compliance of WHMIS and related legislation, labeling hazardous materials and using Material Safety Data Sheets (MSDS).



CSA Courses

Safety Services Manitoba is now regulated as a CSA Group service provider.

This initiative will improve the reach of CSA Group standards-based occupational health and safety training to Manitobans. The initiative will help manufacturing, processing, distribution and construction sectors stay current on a range of occupational health and safety issues facing their industries.

Our current course offerings are:

- Z1000 Essentials (\$999 per student / \$6,999 group rate)
- Workplace Electrical Safety Workshop (\$699 per student / \$4,999 group rate)
- Electrical Safety Awareness for the Non-Electrical Worker (\$699 per student / \$4,999 group rate)
- Safeguarding of Machinery (\$799 per student / \$5,499 group rate)
- Inspecting and Maintaining Steel Storage (\$799 per student / \$5,499 group rate)



Online Training

We offer the following courses as online programming.

AERIAL LIFT E-COURSE

Our online Aerial Lift Training Program will focus on the safe operation of self-propelled elevated work platforms and self-propelled boom supported elevated work platforms.

CONFINED SPACE E-COURSE

Our online Confined Space program will provide participants with the information needed to understand the potential hazards of working in these spaces and the elements necessary to control those hazards prior to entry.

DUE DILIGENCE TRAINING FOR MANAGERS E-COURSE

This course will also explore the obligations and potential liabilities of company owners, managers and supervisors, and will discuss the elements critical to a strong health and safety program and safety management system.

FALL PROTECTION E-COURSE

Our Fall Protection Training Program will provide participants with an understanding of their responsibilities when working in areas where fall hazards exist, the use of and inspection of the required equipment and the critical controls necessary to reduce the risk of a fall.

FIRE SAFETY E-COURSE

Our Fire Safety program provides participants with the knowledge necessary to prevent fires in the workplace and also focuses on the basic elements of fire prevention and protection.

FORKLIFT AND LIFT TRUCK TRAINING E-COURSE

Our Safe Operation of a Forklift/Lift Truck Program makes participants aware of their legal responsibilities and provides the required information to achieve the theory portion of becoming a competent operator.

HYDROGEN SULPHIDE (H₂S) AWARENESS

Hydrogen Sulphide (H₂S) is a naturally occurring gas that can be found underground where organic matter decomposes in the absence of oxygen.

Inhaling even the smallest concentration of H₂S gas will have an immediate effect on the human body; inhaling high concentrations of this gas is fatal.

Participants will learn about personal breathing apparatuses, contingency planning and rescue methods used to assist victims of overexposure. Participants will learn to protect themselves first before they can help others. It is important that every oil and gas industry worker understand basic first aid measures including rescue breathing and cardiopulmonary resuscitation (CPR).

LADDER SAFETY E-COURSE

Provinces across Canada regulate the use of ladders in all workplaces because the improper use of a ladder could cause significant injuries.

Anyone who uses a ladder must comply and obtain the necessary training in order to:

- Reduce or eliminate worker injuries
- Avoid workers compensation premiums

The program complies with all the necessary regulations and is produced in order to accommodate various learning styles filled with graphics and video to make it easy to understand, memorable and accurate.

LOCKOUT TAGOUT E-COURSE

This program is designed to ensure employers, management and workers understand the hazards associated with uncontrolled energy and the proper methods of controlling that energy through a properly developed and implemented lockout program.

MANUAL MATERIALS HANDLING E-COURSE

Manual material handling (MMH) operations can be found in most workplace settings including industrial establishments and manufacturing facilities, offices, healthcare facilities and restaurant locations. Employers must provide adequate instruction where the handling of material by employees could result in an injury.

This course will explore common causes and controls of musculoskeletal disorders (MSDs) and introduce the participant to safe working procedures in order to handle material in the workplace without injury. The term MSD is used collectively for a number of injuries and disorders of the muscles, tendons, nerves, etc. Other terms that mean the same include; repetitive strain injury (RSI), cumulative trauma disorder (CTD), work-related musculoskeletal disorder (WRMSD), musculoskeletal injury (MSI, MSK), occupational overuse syndrome (OOS) and sprain & strain.



OFFICE ERGONOMICS TRAINING PROGRAM

Overuse and “wear and tear” injuries continue to be among the most costly work related injuries in industry today. These pains and strains can range from mild discomfort or lead to severe pain and disability. Our office ergonomics training program identifies the risk factors associated with poor ergonomic positioning but more importantly the controls necessary to prevent musculoskeletal disorders (MSDs) from occurring.

TRANSPORTATION OF DANGEROUS GOODS (TDG) E-COURSE

Everyday, thousands of TDG regulated products are handled, transported and offered for transport throughout Canada. This online certification program will provide participants with an understanding of the hazards and regulatory requirements associated with dangerous goods controlled products. This course is required for companies who ship by road and/or rail only.

WORKPLACE HAZARDOUS MATERIALS INFORMATION SYSTEM (WHMIS) E-COURSE

The intent of this online safety training course is to provide WHMIS certification, but more importantly, it provides participants the foundation for using knowledge to prevent accidental and long-term exposure to the harmful effects of hazardous workplace materials.

WORKPLACE VIOLENCE AND HARASSMENT TRAINING PROGRAM

This course will introduce and define terms associated with workplace violence and harassment. Employers will be shown the necessary structure and elements of a workplace violence and harassment program. It will also set out what workers need to understand about how to identify, report on and control undesirable behaviours in the workplace.



Online Volume Discount

Price per student	1-10	11-25	26-50	51-100	101-500
Aerial Lift	\$124.95	\$99.95	\$84.95	\$69.95	\$49.95
Confined Space	\$74.95	\$64.95	\$54.95	\$44.95	\$34.95
Due Diligence	\$124.95	\$99.95	\$84.95	\$69.95	\$49.95
Fall Protection	\$44.95	\$39.95	\$34.95	\$29.95	\$19.95
Fire Safety	\$44.95	\$39.95	\$34.95	\$29.95	\$19.95
Forklift/Lift Truck	\$124.95	\$99.95	\$84.95	\$69.95	\$59.95
H2S Awareness	\$44.95	\$39.95	\$34.95	\$29.95	\$19.95
Ladder Safety	\$29.95	\$24.95	\$19.95	\$15.95	\$12.95
Lockout	\$44.95	\$39.95	\$34.95	\$29.95	\$19.95
Manual Material Handling	\$29.95	\$24.95	\$19.95	\$15.95	\$12.95
Office Ergonomics	\$44.95	\$39.95	\$34.95	\$29.95	\$19.95
TDG	\$44.95	\$39.95	\$34.95	\$29.95	\$19.95
WHMIS	\$29.95	\$24.95	\$19.95	\$15.95	\$12.95
Workplace Violence & Harassment	\$29.95	\$24.95	\$19.95	\$15.95	\$12.95

Call 204.949.1085 for information on how to obtain volume discount pricing!



Road Safety Courses

ALL-TERRAIN VEHICLE (ATV) SAFETY

Course Length: 1/2 day or full day – Classroom and Practical

\$79 per person – 1/2 day

\$179 per person – full day, includes Classroom and Practical

This curriculum is based on field-tested techniques and provides a fun and orderly way to learn proper ATV operation. Whether you're a seasoned ATV rider or a beginner, you'll find this course very informative. Includes the safe operation of an ATV and laws governing ATV use. Students must be over the age of 14 and supply their own ATV.

CLASS 4 DRIVER PREPARATION

Course Length: 4 hours Classroom

Class Size: n/a

\$159

Designed for employees responsible for transporting up to 24 passengers. This course addresses defensive driving techniques, road rules refresher, operating a vehicle with passengers as well as pre-trip circle checks. Driver evaluations provided upon request.

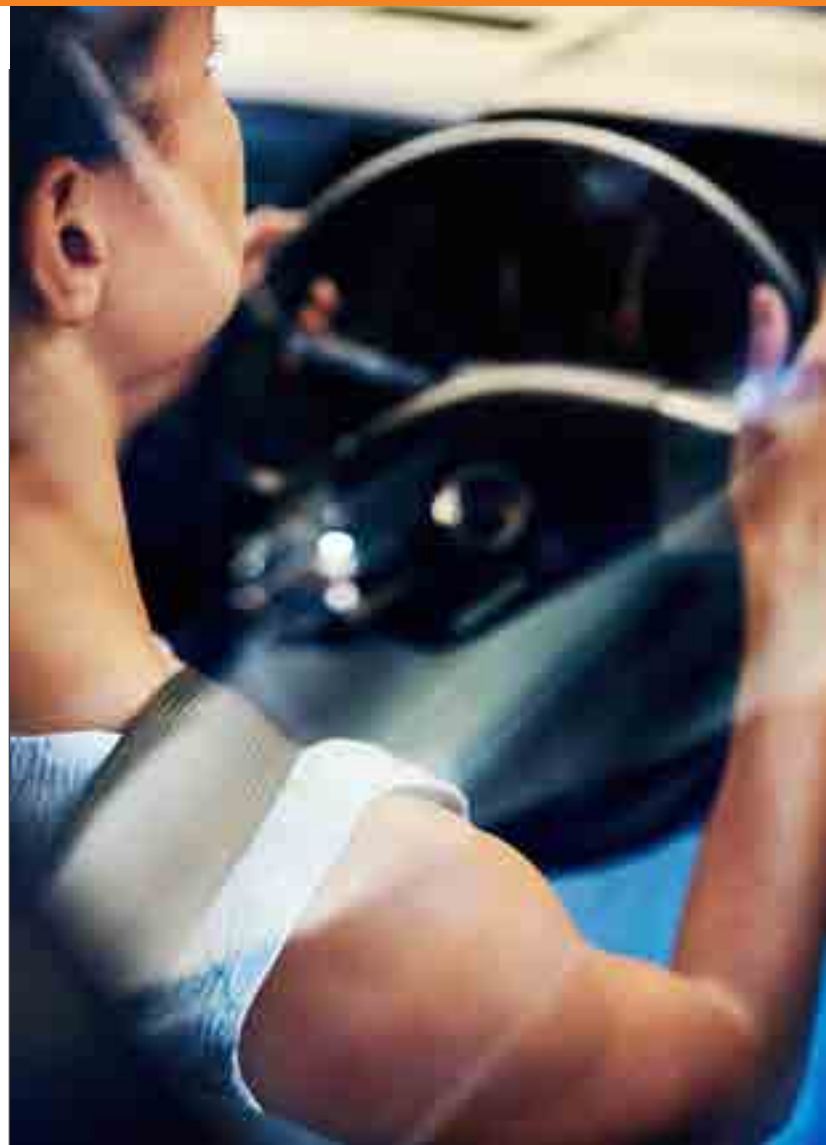
CORPORATE DEFENSIVE DRIVING

Class Size: n/a

\$79 – 4 hours

\$109 – 6 hours

Reduce your insurance costs to company vehicles by training your employees in defensive driving. Interactive classroom session includes collision prevention, driver attitude, impairments as well as managing time and space inside and outside the vehicle. The intent of the classroom component is that students reflect on their own driving and identify existing habits to correct and new habits to adopt to improve their driving.



DRIVER EVALUATIONS/ASSESSMENTS

Course Length: 1 hour Practical

Class Size: n/a

\$69 per person

Determine your employees' confidence, knowledge and skills while driving company vehicles. This course will provide a professional, unbiased, written evaluation and assessment of employees or prospective employees driving company vehicles. Includes updated traffic laws, defensive driving and vehicle control, practical skills while driving and areas for improvement and future training requirements.

Additional driving lessons are available upon request.

DRIVING THE BRAND

How's your company driving?

Drivers operating corporate vehicles are brand representatives – their behaviour behind the wheel affects your organization's image on the public roadway.

Let our experienced, engaging instructors show your fleet operators how their driving can enhance – or damage – your company's brand. Your drivers will learn how to manage their driving skills, attitudes and behaviours in this interactive workshop.

Course fees (based on number of students):

- 0-5 \$699
- 6-10 \$999
- 11-20 \$1499
- 21-30 \$1999
- 31-50 \$2499
- 50+ \$2999

The full day workshop covers the following standard curriculum:

- Driver complacency
- Road rules refresher
- Managing driver attitude and behaviour
- Employee responsibilities as fleet operators
- How drivers directly affect brand value and brand perceptions
- best practices for fleet operators

Plus choose additional modules tailored to your company's needs:

- Managing speed/schedule
- Managing distractions
- Alcohol/next day impairments
- Winter driving best practices
- Reversing best practices

We also offer a half day workshop with the standard curriculum listed above.

Minimum class sizes required.

SNOWMOBILE SAFETY

Course Length: 1/2 day or full day – Classroom and Practical

\$79 per person – 1/2 day

\$179 per person – full day, includes Classroom and Practical

Snowmobile safety training is encouraged for all snowmobile operators. Modern snowmobiles are capable of high speeds over snow and ice. With the many hazards associated with operating a snowmobile, proper training is a critical factor for safe, responsible riding. The course includes the correct operating procedures and laws governing snowmobile operation. Students must be over the age of 14 and supply their own snowmobile.





Programs in Partnership with Manitoba Public Insurance (MPI)



**Manitoba
Public Insurance**

Manitoba Public Insurance uses these courses as part of its Driver Improvement and Control as well as Graduated Driver Licensing programs. While some drivers are required to take these courses to improve their skills, the courses are open to all drivers.



MOTORCYCLE TRAINING

\$430 - 21 hours – Classroom and Practical*
\$300 - 8 hours – Practical (Mandatory in Province of Manitoba)

Riding a motorcycle requires a whole new set of safety skills in order to avoid a mishap or collision. Whether you're a seasoned rider or just learning, these courses provide valuable information to help you stay safe. Students should consider their level of ability when choosing a course. The 21-hour course is the leading program for training new riders.

The 8-hour course is the minimum requirement for achieving your Class 6 licence in the Province of Manitoba. Training includes motorcycle dynamics including balance, control and steering, collision avoidance, braking techniques and appropriate attire. A 6M motorcycle licence is required to take this training.

** MPI provides a \$200.00 rebate on your registration fee when you complete the 21-hour motorcycle training course and pass the final skills test.*

CUSTOM DESIGNED ROAD SAFETY COURSES

We offer these specialized courses to foster safer driving:

- **Responsible driving – \$160 + GST**
- **Defensive driving – \$115 + GST**
- **Novice driver – \$115 + GST**

3-WHEELED MOTORCYCLE TRAINING

\$300 per person

This 8-hour program provides basic safety information and practical hands-on training for three-wheeled motorcycle enthusiasts.

NOTE: Students must provide their own vehicle, vehicle registration, a safety certificate and pass an inspection before the course begins as a safety precaution. This course is restricted to Trikes and Spyders. Please contact SSM for alternate arrangements if you cannot provide your own vehicle.

EXPERIENCED RIDER PROGRAM

\$279 per person

This course is designed to give motorcyclists with riding experience a review of the fundamentals of motorcycle handling and control that every competent rider needs to know and practice. It also provides motorcyclists with no formal training the opportunity to take a short program to improve on existing skills.

RE-TEST OPTIONS

Safety Services Manitoba has introduced two re-testing options for students who complete the 21-hour or 8-hour motorcycle programs but fail the final test. You must arrange your re-test within 30 days of completing the course.

Re-Test only – \$50

Take the test a second time under the supervision of SSM instructors.

4-Hour Refresher and Re-Test – \$160

Complete a 4-hour practical refresher to hone your skills before re-taking the test.

Once both options are exhausted, students must re-register for the 8-hour or 21-hour program.



Community

Safety starts in the community. Individuals, families, friends and neighbours work together and watch out for one another. Acting as a facilitator, Safety Services Manitoba promotes community safety between people and corporate sponsors who express an interest in activities designed to enhance and promote everyday safety issues and injury prevention.

SSM works with community groups and corporate sponsors to host events that promote everyday safety and injury prevention.

OPERATION RED NOSE

Operation Red Nose is a free, volunteer-run service that gives drivers a safe ride home in their own vehicles when they have had too many holiday “spirits.” Donations are accepted and support various sports and community organizations throughout the province.

As the Provincial Host Organization, Safety Services Manitoba provides headquarters for the Winnipeg program and streamlines sponsorship opportunities for Operation Red Nose in Manitoba. SSM works closely with Manitoba Public Insurance and other provincial sponsors to support the program.

SSM SAFE WORK CONFERENCE

Every January, this long-standing conference brings more than 500 safety and health professionals together. If your job involves responsibility for the safety, health and wellness of employees, then the SSM SAFE Work Conference is for you!

At this conference, you’ll learn from dynamic speakers, connect and network with peers and explore new products and services in the tradeshow.

SAFETY SERVICES MANITOBA GOLF CLASSIC

This popular tournament is held each September at the beautiful Elmhurst Golf and Country Club. The Texas Scramble format ensures that a team effort is made and that all 144 golfers enjoy a great day on the links. Success for this event year after year hinges on the generosity of our sponsors.



STEPS FOR LIFE

Steps for Life –Walking for Families of Workplace Tragedy is a 5 km fundraising walk to help support families

who have suffered from a workplace fatality, life-altering injury or occupational disease. It’s the primary fundraising event for Threads of Life, a national registered charity dedicated to supporting families of workplace tragedy. It provides Canadian families with a community of support and healing.

The walk raises awareness about the importance of workplace health and safety to all Canadians. A local event of Steps for Life is traditionally held the first Sunday in May in Winnipeg as part of the North American Occupational Safety and Health (NAOSH) Week.

Let’s work together to prevent other Canadians from being injured or killed on the job.

